

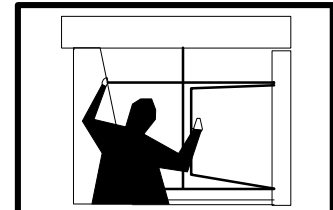
Care Establishment

Action Card

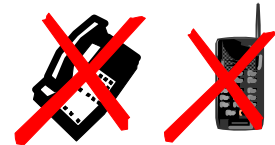
For use in the event of a serious emergency at Sellafield

GO IN, STAY IN, TUNE IN

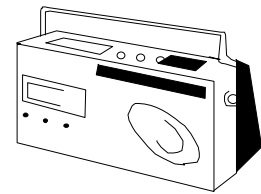
1 GO INSIDE AND CLOSE DOORS AND WINDOWS. Shut down ventilation and air conditioning systems.



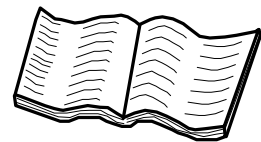
2 DO NOT USE TELEPHONES (unless you need urgent help)



3 LISTEN TO LOCAL RADIO
BBC Radio Cumbria on 104.1 MHz FM 206m (1458 KHz) MW, or CFM on 103.4 MHz FM



4 LIST ALL PERSONS PRESENT



5 FOLLOW EMERGENCY SERVICES ADVICE



SITE SIREN

If you hear the siren you should:

- Go indoors, close doors and windows.
- Find out more information either by listening to **local radio** or going to **www.cumbrialert.info** or by dialling the Sellafield Emergency Information Line on **0808 909 8090** to hear a recorded message (please if possible do this on a landline telephone).
- If the message says there is **no** hazard off-site, you can resume normal activities but please continue to monitor local radio in case the situation changes.
- If the message says there is a Sellafield Emergency, follow the advice on the rest of the card.

For additional information see over

Additional Information

- **GO INDOORS AND STAY THERE**

In an emergency, the best thing to do is to go indoors where you will be protected from the worst effects of a radioactive release.

- **DO NOT ATTEMPT TO LEAVE THE AREA**

Do not try to leave the area unless told to do so by the Police. There could be serious traffic congestion and you will be much safer indoors.

- **VISITORS**

Advise any visitors arriving to remain until the emergency is over.

- **DO NOT USE TELEPHONES (Unless you need urgent help)**

In an emergency, all telephone systems may become overloaded and this may prevent emergency calls getting through. If you must make a call, please use a landline phone and be brief or send a mobile text message. Please do not make mobile telephone calls.

- **EVACUATION**

If an evacuation is required, the Police will organise transport. ALL staff, pupils and any parents present must go to a Reception Centre to be registered. Take the School Register with you.

- **FURTHER INFORMATION**

For further advice consult the booklet "What to do in an Emergency at Sellafield".



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